

## ***MARATHON COURSE DESCRIPTION***

### **Miles 1 to 5 (Due to the finish line change, 391 ft. will be added to the starting point of the race.)**

The first five miles run in residential neighborhoods. This section is fairly level with only moderate upgrades. From the Start, the course follows Edgehill Drive to Tioga Street, where it turns right. At the end of Tioga, it turns left onto Hood, then right onto Luzerne, which leads onto Menoher. Turn right on Menoher. After only a short distance, the course turns right onto Carnegie, which it follows to the end. There it turns left onto Hester, then left again onto Drexel, which leads again onto Menoher. Turn right onto Menoher. After only a block or two on Menoher, the course again turns right, this time onto Sunnehanna. At the bottom of a short hill on Sunnehanna, the course turns left onto Emmett, then right onto Club Drive at the first intersection. Shortly after the three-mile mark, the course turns left onto Pomona, then right onto Omar. At the end of Omar, turn right onto Emmett, then almost immediately left onto Mary Drive. At the end of Mary, turn right on Thermal, then left on Kemmer, which leads back onto Sunnehanna. A right on Sunnehanna takes you back onto Menoher, where you make a right turn. Just before the five-mile mark, the course turns right onto St. Clair Road.

### **Mile 5 to 7**

Wooded and shady, this part of the course is generally downhill; Most of the race's elevation drop takes place in this section. This entire portion of the race stays on St. Clair Road.

### **Miles 7 to 9**

Relatively level, these two miles pass through a residential neighborhood of the city. Shortly after seven miles, St. Clair Road becomes Fairfield Avenue, and the course turns left just past the eight-mile mark.

### **Miles 9 to 15**

Leaving the city via Haws Pike, Route 56, these six miles are run along the eastern side of the 1,000-foot-deep Conemaugh Gap, which contains some of the most spectacular scenery found in any marathon.

### **Mile 16 to 18**

At approximately mile 16, the race turns right onto Route 711. Follow Route 711 to Route 403, Cramer Pike, and go right.

### **Miles 19 to 21**

This section of the course, following route 403, is flat, but could be very warn if the sun is shining brightly. There is no shade along this portion. It is recommended that you take advantage of every aid station.

### **Miles 22 to 24**

You will be re-entering the city on Cooper Avenue, a flat part of the course. There also is little shade along this part of the course.

### **Mile 24 to Finish**

Stay on Cooper Avenue, then turn right onto Laurel Avenue. Go over the bridge turning left onto Broad Street. Continue on Broad Street through historic Cambria City. This section is flat to a slight downhill grade. You will be entering the city as Broad Street turns into Roosevelt Boulevard at the large right hand curve. Slightly past the curve turn left over the bridge to Washington Street.

\*Here is where the course has changed...continue on Washington Street and turn left on Walnut Street and stay left as Walnut Street curves to the left. Continue past the train station, turn left onto Johns Street and a quick right into PNG Park (1<sup>st</sup> gated entrance).

**Finish line is located at the Blue Flame inside PNG Park.**